

Surrendering Control, or Giving

Research shows the longer patients rely on medication, the more they'll give in. They will relinquish control over their health and fight up the fight for a better life and their health.

So it's essential that you strive to get better.

MISTAKE #2:

Lack Of Reason

Studies show that a clear goal and an image of how life looks after healing will speed up the healing process. So you have to know precisely why you want to get rid of eye pressure and glaucoma.

How do you want your life to look like? That's literally what we do in our free glaucoma online classes.

MISTAKE #3:

Submit to To Anxiety & Depression

Research shows that glaucoma patients have a high degree of anxiety and depression. The thought-provoking part - that anxiety and depression are not caused by glaucoma. It was already there.

But it's a pretty simple fix, so join us in the class.

MISTAKE #4:

Fail To Take Charge Of Emotions

Stress and negative emotions make upset your hormonal balance. That hormonal balance affects your vision and causes vision loss. So you have to learn to manage stress and negative emotions.

It's an absolute must for you to prevent vision loss.

FREE CLASSES AVAILABLE - CHECK FOR SPOTS NOW:

www.purevisionmethod.com/glaucoma-class-registration/



Ignoring Your Optic Nerve Fibers

Research shows that vision loss in glaucoma happens due to a lack of nutrients. The optic nerve fibers don't get the nutrients they need and go numb. That's causing the vision loss. The optic nerve fibers literally starve to death.

To learn how to nourish your optic nerve, join one of our free glaucoma online classes.

MISTAKE #6

Disregard Toxicity

Our world is full of environmental toxins and stresses. These cause oxidative stress. Research shows that oxidative stress in the eye causes eye pressure and vision loss.

So you have to reduce and eliminate toxicity and oxidative stress.

MISTAKE #7

Neglect Holistic Health

Your eyes are not isolated objects, just stuck into your head. They connect to other parts of your body. That's why glaucoma patients have a 390% increased chance of getting Alzheimer's. Glaucoma is even a predictor of Alzheimer's.

So take charge of your holist health. Join us in a class.

MISTAKE #8

Fail To Balance Eye Pressure Naturally

Eye drops and surgery have a lot of harmful side-effects. The aim of a treatment is to lower eye pressure by 20%. But that's not enough. So discover a natural way to lower your eye pressure by 25-30% without any side-effects, while improving your health.

It's possible, just join us in a free glaucoma online class to learn how.

FREE CLASSES AVAILABLE - CHECK FOR SPOTS NOW:

www.purevisionmethod.com/glaucoma-class-registration/